



## SNACK BAR IS SELLING T-SHIRTS

- T-Shirts for Sale!  
We will now be selling t-shirts in the snack bar at a low cost to you! They are white with a green logo, and ash (gray) with a green logo. Kids t-shirts will be \$10, adults will be \$12, and XL's and up will be \$14. You can purchase them in the snack bar!

## New Summer Program Director

I wanted to take the time to introduce myself to the Mountain Lakes District. My name is Kyla Joslin and I am from North Haverhill, NH. I will be a senior in the fall at the University of Maine at Farmington where I am studying Elementary Education with a concentration in Math. I hope to become a middle school math teacher after I graduate in the Spring.

I was hired this year to run the summer program in Mountain Lakes. It will be my responsibility to supervise the lifeguards, snack bar staff, beaches and pool. I have also planned many fun activities to reach everyone in the district. Those will be individually highlighted further in the

newsletter. If there is something that is not listed in the newsletter that you would like to see feel free to contact me through the District Office email; [district@mtnlakesnh.com](mailto:district@mtnlakesnh.com).

One of my major goals for the summer is to utilize all of the great resources you already have here in Mountain Lakes! The various activities planned will highlight many of them including the walking trails, the beaches, the pool, and many more!

The other major goal that I have this summer is to get everyone out and active! I have planned activities for everyday that I am working in the month of July and August. This means that there are many opportunities to come join us at the lake for an exciting activity!

## Snack Bar Update

The Snack Bar is being updated with a new coat of paint on the walls! There will be an information board on the wall that will contain all of the activities planned for the summer as well as any updates or changes that have been made.

Per request, we are now offering some healthier options! There will be juice boxes, yogurt, fruit snacks and many other delicious but healthy summertime snacks. However, we have not eliminated any of the older

choices.

We will also be offering a package deal with some of the foods. There are 5 options for a packaged meal for a low cost of \$2.50. Stop by the snack bar to check them out!

## Walking Club



I know that many residents walk the roads in Mountain Lakes. I have created a walking club that will leave and return from the district office. These dates and times are on the attached calendar.

Bring your friends, family members, and even pets! We will have several different loops that will walk the mountain lakes roads so that you will not be walking the same loop every time!

Every ability level is accepted! Note that

you also do not have to go the whole distance, the object of the walking club is to get you out and active!

This is geared towards adults however, if you have children that would like to join us, the more the better! The children must be accompanied by an adult.

## Tuesdays are Arts and Crafts Days



As part of my summer program, I have planned arts and crafts projects for children on Tuesdays. This will start on July 5th and continue through the end of August. These will run from 2 pm to 4 pm. There are a variety of activities planned including, friendship bracelet making, book and card making, col-

lages, and macaroni art. With this in mind, I will be looking to collect papers, magazines and any other materials that can be used for collage making. Those can be dropped off at the district office.

This activity is geared towards the younger children however would be great for anyone under the age of 8th grade!

## Knitting Group



I recently learned how to knit and crochet and decided that I would create a knitting/crocheting/anything else with yarn group. This is a great place to work on the project you just cannot seem to finish, learn a new stitch, or just to socialize while doing something that you love. This

will run from 3 to 4 pm on Sundays in the district office or on the porch depending on the weather.

Everyone is welcome! You must bring your own materials to work with.

## Nature Walk Wednesdays

On Wednesdays lend your children to me! We will be going on an adventure through nature. We will explore different ecosystems, habitats and just nature itself. They will need to dress properly for about an hour long walk through the woods and on the roads.

This activity is for children from Kindergarten to 3rd grade. If there is a large number of children, then I may ask for some parents to accompany the children.

At the end of the nature walk the children will have a chance to complete a page to put into their nature journal which will be complete after all of the nature walks!

The nature walks will start at 2 pm on Wednesdays!



## Fridays are Science Days

Starting on July 8th, at 1 pm, we will be embarking on a science adventure. The children will have an opportunity to create and experiment with many different activities. We will create recycled instruments, mini boats from recycled materials, a soda bottle greenhouse, and even some home-made ice cream.

I will be collecting recyclable materials for the

boat making and musical instrument projects.

**If your child wishes to participate in the soda bottle greenhouse, they MUST bring a soda bottle with them. We will provide everything else!**

This is geared for children under 6th grade however, anyone is welcome!

*“We will be embarking on a science adventure!!!”*

## New and Old Staff on Board

Here at the lake we have some new staff and some returning staff this year. Reggie Lalmond will be our head lifeguard. There are four other lifeguards that will be protecting the beach and pool area; Aria Parker, Kirsten Bielarski, Erin Sobecki, and Kevin Briggs.

Our snack bar staff will include Julia Bowman,

Shaun Trapletti, and Emma Owens. Make sure to stop in and say hi and remember to thank them for all of their hard work!



## Mountain Lakes District

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*If you are interested in joining the Recreation Commission please contact Marsha at*

*district@mtnlakesnh.com or stop in during one of the meetings. The next meeting is June 25th at 10 am and then on August 6th at 10 am.*

Check us out at:

[www.mtlakesnh.net](http://www.mtlakesnh.net)

We are also on Facebook! “Like us”  
at Mountain Lakes Recreation

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## 4th of July Festivities

The recreation will be sponsoring activities on July 2nd as part of the 4th of July Celebration. Here is a schedule of events to take place that day!



10:00 am– 3pm– Fishing Derby

10:30 am– 12:30 pm– Tye Dying

1:00 pm– Face Painting

2:00 pm– Potato Sack Race and 3-Legged Race

3:00 pm- Greased Watermelon Relay + Tug of War in the Water

4:00 pm– Sponge Bucket Race

6:00 pm– Pot Luck on the Beach